

6/7 Prep League

LTRC 6/7 Prep League –All Locations – The Prep League is an introduction to live pitch baseball. Coaches will focus on teaching all the fundamentals of baseball, the rules of baseball and the team concepts. Coaches will pitch, players will play a modified catcher, play in real positions.

Schedule – Practices on scheduled weeknight at location. Games will be held on Saturdays and traveling between schools could be necessary.

Team Maximums- All locations will have a max of 48 players for 4 teams (12 per team)

Format – 5 Innings/75 minutes/field time limits/darkness. Bat through the lineup each inning. Max of 6 good pitches thrown by coach then the tee must be used.

Pitching – Coach pitches. No called strikes or balls. There are no walks. Hit batter does not take first. A defensive player should also field the position of pitcher.

Catching – There will be a modified fielding catcher (parent will be actual catcher). He will stand off to the side with a helmet with facemask on and catcher's mitt. This is for fielding the position on a short hit, play at the plate or foul ball.

Fielders – There will be 10 total fielders playing the following positions: P, C, 1B, 2B, SS, 3B, RF, RCF, LCF, LF. Players should rotate between outfield and infield positions. Coaches should have the fielding lineup made before each inning so quick direction can be given. There is no infield fly rule. Outfielders must start each pitch on the outfield grass.

Batting – The lineup is made and each player bats in that order throughout game. There is no bunting. If a player throws a bat the coach or opposing coach warns both teams. The next thrown bat results in an out.

Base Running – No leading, stealing or advancing on a wild pitch. Players should be taught to avoid collisions. The runners cannot advance on any errant throw. We want to encourage all fielders to make throws to the correct base and not penalize them for errant throws but we also want to reward for hits into the outfield. A runner should not score from 2nd on a batted ball that rolls into the outfield only on a ball that clears the outfielders in the air.

Throwing – all fielders are encouraged to make the throw to the correct place. Fielders are not penalized for bad throws.